



Terms and Conditions

The field of Higher Consciousness and Subtle Energy work has been growing over many years thanks to dedicated explorers, enthusiastic pioneers and committed communities that gather and reflect together. The following terms and conditions have surfaced from this emerging field helping us and others holding similar intentions to provide a safe container and an effective frame for our work. Their purpose is to support you and all the people who generously engage and contribute to the growth of this field of work.

Disclaimer

We are not certified or licensed therapists and therefore we do not claim to heal. We do not offer cures or treatments for any condition nor prescribe medication of any sort.

Interactions with us do not establish any type of therapist-client relationship and should not be considered as substitutes for professional medical, psychological, psychiatric, legal advice, diagnosis, or treatment.

We ask that you seek the advice of a qualified professional or service with any questions you may have regarding your health or well-being.

Should such an issue arise during an event we are hosting, we might suggest you consult someone and, if needed, that you step out of the programme to do so.

Whether you are a visitor of our website, taking part in one of our online programmes or participating in a programme hosted on Bornholm we expect you to acknowledge having read and accepted all the following aspects.

Our responsibilities

Our work is spiritual by nature and aims to help you become aligned with your sovereign Self and to be of service to the growth of humanity. Interactions with us are intended to be informational and educational, and to provide you with the best possible support for your ongoing learning journey.

We know that the boundaries between educational work and spiritual work can be fuzzy and the same can be said of personal growth and spiritual development. This is why we use the generic term learning journey to define the scope and nature of our work. We then invite each individual explorer or traveller to decide the qualities that best describe her or his personal inquiry and journey.

We commit to being of service to your learning journey without trying to put a label on what happens during our work together. We want to be open and curious about what arises in the field. We put you in the driver's seat and let you tell us what is most likely to support you and to take you to your next level of development, including facing any discomfort or edginess that might be necessary in order to transform old structures and patterns.

Our expertise in this field has developed over the years by attending certified higher education programmes, taking part in a wide range of training programmes. We also bring in our professional and personal experiences and, most of all, our commitment to continue to learn and to invest in our own education and ongoing learning journeys. Whatever the circumstances, we have decided to be of service to the changes we meet both within ourselves and with those who feel drawn to work with us. From this space of relatedness, we invoke transformational work and the art of living wholeness.

We do not guarantee outcomes nor results of any kind. We have learned that, often as we move through our learning journeys, we are called to walk between knowing and not-knowing. This will entail letting go of rational explanations or seeking causalities.

We disclaim all liability for any decision, non-decision, action or non-action taken as the result of our work or something we have said. We are well aware of the mechanisms of abuse and manipulation that can occur in this field of work. We therefore highly value showing up with integrity, authenticity, transparency and honesty in order to open up to the trust and the respect needed for transformational work to unfold gracefully and effortlessly.

We are not liable for claims or damages arising from injury, illness, accident, loss or other misfortune that might occur in connection to participating in our work.

Your responsibilities

You are solely responsible for your learning journey and, as such we expect you to decide consciously how you take part in our events or programmes, and what is beneficial for you.

In attending an event or programme, whether face-to-face or online, you assume responsibility for your health, safety and well-being during and after the event. We invite you to practice self-care and to be fully aware of ongoing processes during the work. If needed, please reach out for support and assistance.

If you are staying in *Ny Elleskov* please refer to the House rules and guidelines explaining how community life is organised.

Whatever the event or programme you are taking part in, please carefully read the practice agreements that explain how we work together as a collective and how to show up in order to serve the Whole.

Financial aspects

Participation in any programme or event is confirmed by paying the amount quoted or invoiced according to our pricing policy. We have found that this is the best way to mutually express our commitment to the work and to show up for it.

If you are facing financial difficulties, we are open to creative solutions. In order to ensure transparent communication, all agreements will be put in writing.

No money will be refunded after the start of a programme or event (face-to-face or online) irrespective of whether you choose or are unable to complete the programme or event.

For individual sessions. The price of individual sessions covers the time spent together (face-to-face or online). Extra time for writing reports, reading material, research work, etc. is charged separately as agreed upon. No shows will be billed. Packages of 5 sessions are effective for 6 months as from the first session and packages of 10 sessions are effective for 12 months as from the first session.

Confidentiality

We highly value receiving everything that is voiced and brought into the field of work whether during a one-to-one session or in group activities.

We expect all participants in group activities to respect confidentiality and to take part in standing for a trustful container.

Documentation and resources

All documents and resources provided during a programme or event are for the personal use of the participants only, as a way of deepening the field of work. They should not be used, sent or circulated in any way outside of the programme or event. All documents will mention this on the first page.

Online workspaces are private and protected. Only participants who have paid will receive the password to access the online programme.

All violations of the rules concerning dissemination of documents and resources (i.e. communicating passwords to third party, sharing documents) will invalidate your participation in the programme or event, and might be extended to all future programmes and events hosted by *Yggdrasil Living Wholeness*.

Audio and video recordings

Audio and video recordings are limited and are mainly produced to enrich the shared resources. They are for personal use strictly.

We occasionally take photos or make video recordings of events in order to promote our work. We prefer to be discrete when doing so. You release to us the rights to use this work in any form and you understand that there will be no financial or other remuneration for recordings or photography.

If you are sensitive about appearing in an audio or video recording please let us know and we will do our utmost best to accommodate your concerns respectfully.